








chartwells
Discovery
KITCHEN

Montabella JR/SR August 2019 Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% white and 1% chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
	Beef Nacho's or Beef Burrito Salsa Refried Beans Mexican Rice Pretzel Rod	Hot Dog French Fries Baked Beans Cheez-It Crackers	Breakfast For Lunch Scrambled Eggs Sausage Patty Biscuit/Gravy Hashbrown	Popcorn Chicken Bowl Shredded Cheese Seasoned Corn Dinner Roll	NO SCHOOL
	Classic Cheeseburger Chicken Sandwich Pulled Pork Sandwich Mexican Rice	Classic Cheeseburger Chicken Sandwich Bacon CheeseBurger French Fries	Classic Cheeseburger Chicken Sandwich Mushroom Swiss Burger Seasoned Peas	Classic cheeseburger Chicken sandwich Spicy Chicken Sandwich Seasoned Corn	
Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station					
	Ham & Cheese	Garlic Cheese Bread	Bosco Sticks	Supreme Pizza	
	Fruit Yogurt Parfait Chef Salad Uncrustable Sandwich	Fruit Yogurt Parfait Chef Salad Uncrustable Sandwich	Fruit Yogurt Parfait Chef Salad Uncrustable Sandwich	Fruit Yogurt Parfait Chef Salad Uncrustable Sandwich	
	Spinach Blend Lettuce Baby Carrots Grape Tomatoes Chilled Mix Fruit Fresh Apple	Spinach Blend Lettuce Baby Carrots Broccoli & Cauliflower Cinnamon Apple Slices Fresh Apple	Spinach Blend Lettuce Baby Carrots Potato Salad Rosy Applesauce Fresh Banana	Spinach Blend Lettuce Baby Carrots Sliced Cucumbers Chilled Tropical Fruit Fresh Strawberries	

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com

Go to www.sendmoneytoschool.com to check meal balances or make deposits.

