



**Chartwells School Dining Services at Montabella Schools
January 2018**

Student Lunch \$2.45 (k-6) Reduced \$0.40 Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include 1% white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Sloppy Joe Seasoned Waffle Fries Cheez It Crackers <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Black Beans Tropical Fruit Fresh Banana	2 Homemade Cheese Pizza Sweet Potato Puffs <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Veggie Beans Rosy Applesauce Fresh Apple
5 Popcorn Chicken W/ Biscuit Triangle Hashbrown <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Cinnamon Apples Boxed Raisins	6 Beef Taco's Refried Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Multi Color Pepper Strips Chilled Mixed Fruit Fresh Grapes	7 Pizza Casserole Seasoned Broccoli WG Dinner Roll <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Garbonzo Beans Fresh Mixed Berries Fresh Banana	8 Hot Dog French Fries <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Confetti Coleslaw Fesh Apple Mandarin Oranges	9 Ham & Cheese Stromboli W Pizza Sauce <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Cauliflower Florets Rosy Applesauce Fresh Orange
12 Chicken Sandwich Seasoned Waffle Fries <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Fresh Strawberries Chilled Pears	13 Nacho's W/Meaty Cheese Sauce Mexican Corn <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Grape Tomatoes Chilled Mixed Fruit Fresh Blueberries	14 Spaghetti & Meatballs Green Beans Dinner Roll Red Velvet Cookie Valentine Day <3 Fruit & Veggie Bar Romaine Blend Lettuce Red Pepper Strips Rosy Applesauce Frozen Fruit Cup Raspberry	15 Classic Hamburger W/French Fries <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Cauliflower Florets Watermelon Wedqes Fresh Apple	16 Homemade Sausage Pizza Seasoned Green Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Chilled Peaches Boxed Raisins
19 Early Release Day Classic Pizza Carrots Apple Slices ONLY CHOICE	20 Early Release Day Pesonal Pizza Carrots Apple Slices ONLY CHOICE	21 Salisbury Steak Mashed Potatoes Beef Gravy Mixed Veggies <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Green Pepper Strips Pineapple Tidbits Fresh Banana	22 Hot Ham & Cheese on a Bun Sesoned Green Beans Fruit & Veggie Bar Romaine Blend Lettuce Veggie Beans Chilled Pears Fresh Apple	23 French Bread Pizza Sweet Potato Puffs <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Sliced Cucumbers Rosy Applesauce Fresh Grapes
26 Chicken Nuggets Seasoned Corn Bug Bite Grahams <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Celeryslix -frozen Juice CupSliced Apples	27 Fiesta Pizza Refried Beans W/ Cheese <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Fresh Orange & Mixed Fruit	28 Mac & Cheese W/ Cinnamon Bread Stick <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Potato Salad Rosy Applesauce Fresh Apple		
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Sunbutter & Jelly Sandwicheh	Tuna Sandwicheh W/Cheez Its Crackers	Chili Cheese Fries	Breakfast Burrito	Fruited Parfait
5/6 Grade - Cheeseburger	5/6 Grade-Spicy ChickenSandwich	5/6 Grade-Corn Dog on a Stick	5/6 Grade- Taco Salad W/ Nacho Chips	5/6 Grade-Bosco Stix

**Questions or Comments Please call Lisa Hicks Food Service Director 989-427-5149 ex 660or lhicks@montabella.com,
Menu is subject to change, This Institution is a USDA equal opportunity employer**

Do you think your family may qualify for free or reduced meals?

Apply on-line: www.lunchapp.com

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