



Chartwells School Dining Services at Montabella Schools

January 2018

Student Lunch \$2.45 (k-6) Reduced \$0.40 Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include 1% white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
		3 Bosco Stix With Sauce Seasoned Peas ONLY CHOICE Carrots Apple	4 Chicken Nuggets W/ Roll Seasoned Green Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Black Beans Pine apple Tidbits Fresh Apple	5 Homemade Cheese Pizza Sweet Potato Puffs <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Veggie Beans Rosy Applesauce Fresh Apple
8 Pancakes & Scramled Eggs Triangle Hashbrown <u>Fruit & Veggie Bar</u> <u>Romaine Blend Lettuce</u> Baby Carrots Cinnamon Apples Orange Juice Cup	9 Beef Taco's Refried Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Confetti Coleslaw Chilled Mixed Fruit Fresh Grapes	10 Goulash W/ Dinner Roll & Seasoned Broccoli <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Veggie Beans Fresh Mixed Berries Fresh Banana	11 Popcorn Chicken W/ Biscuit French Fries <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Fesh Apple Mandarin Oranges	12 NO SCHOOL
15 Cinnamon French Toast Tator Tots & Sausage Links <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Fresh Strawberries Orange Juice Cup	16 Nacho's W/Meaty Cheese Sauce Mexican Corn <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Graoe Tomatoes Rosy Applesauce Fresh Blueberries	17 Scalloped Potatoes W/ Diced Ham Corn & Dinner Roll <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Green Pepper Strips Tropical Fruit Salad Frozen Fruit Cup	18 Breaded Chicken Drum Stick Mashed Potoes and Gravy W/ Dinner Roll <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Cauliflower Florets Dried Banna Chips Fresh Apple	19 Homemade Sausage Pizza Seasoned Green Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Chilled Peaches Boxed Raisins
22 Waffles W/Sausage Patties & Hashbrowns <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Fresh Baby Carrots & Celery Grape Juice Cup Fresh Strawberries	23 Wet Burrito W/ Cheese Sauce Refried Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Corn Salad Cinnamon Applesauce Frozen Fruit Cup	24 Tater Tot Casserole Mixed Veggies <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Green Pepper Strips Pineapple Tidbits Fresh Banana	25 Chicken Tenders W Roll Sesoned Green Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Sliced Cucumbers Chilled Pears Fresh Apple	26 Fiesta Pizza Sweet Potato Puffs <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Black Beans Rosy Applesauce Fresh Grapes
29 Pancake on a Stick W/ Sausage Sweet Potatoes <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Celery-Apple Juice Cups	30 Taco Salad W/ Nacho Chips Black Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Paeches & Strawberries	31 Chili Dog W/ Fries Green Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Veggie Beans Fresh Apple		
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
BBQ Riblet Sandwich	Ravioli W/ Roll	Bosco Stix W/Sauce	Bacon Cheeseburger	Chicken Nuggets
5/6 Grade - Deli Sub	5/6 Grade-Chili Cheese Dog	5/6 Grade-Grilled Cheese & Tomato Soup	5/6 Grade- Homemade Cheese Pizza	5/6 Grade-Spicy Popcorn Chicken W/Roll

Questions or Comments Please call Lisa Hicks Food Service Director 989-427-5149 ex 660or lhicks@montabella.com, Menu is subject to change, USDA is an equal opportunity employer

Do you think your family may qualify for free or reduced meals?

Apply on-line: www.lunchapp.com

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