



**Chartwells School Dining Services at Montabella Schools
January 2019**

Student Lunch FREE Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include 1% white and 1% chocolate. Spinach & Iceberg Lettuce Offered Daily

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
7 Pancake on a Stick Hash Brown <u>Fruit & Veggie Bar</u> Sliced Cucumbers Craisins Fresh Apple	8 Walking Taco Refried Beans <u>Fruit & Veggie Bar</u> Red & Green Peppers Strips Chilled Tropical Fruit Sliced Peaches	9 Mac & Cheese Seasoned Green Beans <u>Fruit & Veggie Bar</u> Veggie Beans Applesauce Cups Boxed Raisins	10 Baked BBQ Chicken Baked Beans <u>Fruit & Veggie Bar</u> Pasta Salad Chilled Mandarin Orges Fresh Strawberries	11 Personal Pan Pizza Ranch Fries <u>Fruit & Veggie Bar</u> ColeSlaw Sliced Cinnamon Apples Fresh Orange
14 Breakfast Pizza Smiles Potatoes <u>Fruit & Veggie Bar</u> Cucumber Slices Sliced Peaches Orange Juice Cup	15 Chicken Quesadilla Sweet Potato Puffs Steamed Broccoli <u>Fruit & Veggie Bar</u> Baby Carrots Rosy Applesauce Fresh Apple	16 Bowl of Chili W/ Corn Bread Seasoned Corn <u>Fruit & Veggie Bar</u> Confetti Coleslaw Chilled Pears Wild Berries	17 Popcorn Chicken W/Biscuit Seasoned Peas <u>Fruit & Veggie Bar</u> Pickled Beets Chilled Mix Fruit Fresh Apple	18 Classic Square Pizza Sesoned Green Beans <u>Fruit & Veggie Bar</u> Corn Salad Tropical Fruit Frozen Sherbert
21 Pancakes Sausage Hashbrown <u>Fruit & Veggie Bar</u> Baby Carrots Cinnamon Applesauce Fresh Apple	22 Beef Nacho's Mexican Rice W/Beans <u>Fruit & Veggie Bar</u> Sliced Radishes Chilled Diced Pears Fresh Grapes	23 Lasagna Seasoned Green Beans Garlic Bread Grrlic Bread <u>Fruit & Veggie Bar</u> Grape Tomatoes Chilled Peaches Fresh Banana	24 Chicken Tenders French Fries <u>Fruit & Veggie Bar</u> Potato Salad Chilled Mix Fruit Strawberry Cup	25 French Bread Pizza Potato Smiles <u>Fruit & Veggie Bar</u> Sliced Cucumbers Pineapple Tidbits Craisins
28 Wild Berry French Toast Hashbrown Coins <u>Fruit & Veggie Bar</u> Confetti Coleslaw Rosy Applesauce Apple Juice Cup	29 Beef Taco's Cheesy Rice <u>Fruit & Veggie</u> Cauliflower/Broccoli Florets Boxed Raisins Fresh Apple	30 Grilled Cheese & Tomato Soup Seasoned Green Beans <u>Fruit & Veggie Bar</u> Black Bean Salad Chilled Mandarin Oranges Mixed Berries	31 Chicken Nuggets Sesoned Corn Cheez Its <u>Fruit & Veggie Bar</u> Multi-Colored Peppers Chilled Mixed Fruit Fresh Banana	
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Cheesburger	Hot Dog	Bosco Stix W/ Sauce	Soy Butter Jammers	Deli Sub W/Pretzels
5-6 Grade -Pulled Pork Sandwich	5-6 Grade-Yogurt Parfaits W/ Bagged Gripz	5-6 Grade- Pizza Burger	5-6 Grade- Mini Corn Dogs	5-6 Grade- Spicy Popcorn Chicken W/Sweet Muffin

**Questions or Comments? Please call Lisa Hicks Food Service Director 989-427-5149 ex 660or
lhicks@montabella.com, Menu is subject to change, USDA is an equal opportunity employer.**

USDA is an equal opportunity employer.

--



1

