



Chartwells School Dining Services at Montabella Schools

May 2018

Student

Lunch \$2.45 (k-6) Reduced \$0.40 Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include 1% white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Bean & Cheese Burrito Mexican Corn <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Confetti Coleslaw Chilled Mixed Fruit Fresh Grapes	Sloppy Joes On a W/G Bun Potato Smiles <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Veggie Beans Diced Peaches Fresh Apple	Classic Hamburger French Fries <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Broccoli/Cauliflower Florets Chilled Pears Frozen 100% Fruit Sorbet Cup	Pepperoni Pizza Seasoned Green Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Rosy Applesauce Fresh Clementine
7	8	9	11	12
Popcorn Chicken Sweet Corn muffin Sweet Potato Fries <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Celery Stix Pineapple Tidbits/ Pear	Beef Soft Taco's Refried Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Sliced Cucumbers Flavored Applesauce Cup Fresh Grapes	Spaghetti & Meatballs w/ Roll Seasoned Green Beans <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Sliced Green Peppers Fresh Mixed Berries Fresh Banana	Hot Dog on W/G Bun French Fries Bag of Nacho Chips <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Veggie Beans Diced Pears Fresh Apple	Personal Pizza Mixed Vegetables <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Diced Peaches Fresh Orange
14	16	16	17	18
Baked Chicken w/Garlic Mashed Potatoes Dinner Roll <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Fresh Blueberries Chilled Pears	Beef Nacho's Mexican Corn W/G Cookie <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Cauliflower Florets Chilled Mixed Fruit Fresh Strawberries	BBQ Riblet with a side of Mac & Cheese Seasoned Broccoli <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Sliced Cinnamon Apples Boxed Raisins	Deli Turkey Sub Side dish of Potato Salad Bag of Pretzels <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Green Pepper Strips Cantaloupe Cubes Fresh Apple	Stuffed Crust Pizza Mixed Vegetables <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Flavored Applesauce Cups Fresh Clementine
21	22	23	24	25
Chicken Sandwich Waffle Fries <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Sliced Cucumbers Diced Peaches Frozen Fruit Cup	Chicken Fajita on a Flour Shell Green & Red Peppers <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Creamy Coleslaw Chilled Mixed Fruit Fresh Watermelon	Raviloli & Seasoned Green Beans Dinner Roll <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Potato Salad Rosy Applesauce Fresh Strawberries	Hot Ham & Cheese Sandwich Veggie Beans Fruit & Veggie Bar Romaine Blend Lettuce Baby Carrots Chilled Pears Fresh Grapes	French Bread Pizza Sweet Potato Puffs <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Cherry Tomatoes Diced Pears Fresh Apple
28	29	30	31	
<u>NO SCHOOL</u>	Mexican Fiesta Pizza Refried Beans W/Cheese <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Baby Carrots Chilled Mixed Fruit Fresh Blueberries	Breakfast For Lunch Scrambled Eggs/Sausage Hashbrown French Toast <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Cinnamon Apple Sauce Fresh Pear	BBQ Riblet Sandwich Tator Tots <u>Fruit & Veggie Bar</u> Romaine Blend Lettuce Sliced Cucumbers Chilled Diced Peaches Fresh Banana	
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Corn Dog on a stick	CheeseBurger Twin Pack	Popcorn Chicken	Cheese Bosco Sticks	Fish Nuggets
5/6 Grade-Chili Cheese Fries	5/6 Grade- Stromboli	5/6 Grade- Bacon Cheeseburger	5/6 Grade- Chicken Mash Potato Bowl	5/6 Grade-Cheese Quesadilla

Do you think your family may qualify for free or reduced meals?

Apply on-line: www.lunchapp.com

This institution is an equal opportunity provider





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